



Prepared for You

# 14 DAY BEST OF ZIMBABWE - LUXURY

# Overview

*Visualize your journey*



## Summary

- 1) Day 1 - 4: The Palm River Hotel, Victoria Falls
- 2) Day 4 - 7: Somalisa Camp, Hwange National Park
- 3) Day 7 - 10: Bumi Hills Safari Lodge, Lake Kariba
- 4) Day 10 - 14: Nyamatusi Camp, Mana Pools National Park

# Overview

## *Itinerary at a glance*

### **Day 1 - 4**

#### Daily Program

Road transfer from Victoria Falls Airport - The Palm River Hotel

The Palm River Hotel

3 nights

### **Day 2**

#### Tour Of The Falls

Sunset Cruise On The Zambezi Royal

### **Day 3**

The Boma Dinner & Drum Show

### **Day 4 - 7**

#### Daily Program

Road transfer from Palm River Lodge to Somalisa Camp

Somalisa Camp

3 nights

### **Day 7 - 10**

#### Daily Program

Scheduled flight from Somalisa Camp to Bumi Hills Safari Lodge

Bumi Hills Safari Lodge

3 nights

### **Day 10 - 14**

#### Daily Program

Scheduled flight from Bumi Hills Safari Lodge to Nyamatusi Camp

Nyamatusi Camp

4 nights

### **Day 14**

#### Daily Program

Scheduled flight from Nyamatusi Camp to Victoria Falls Airport





## FINAL COSTS

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**TOTAL COST: USD 8690.00 PER PERSON SHARING \***

*\* Please note that prices are based on low season rates*

### INCLUDES

- Accommodation
- Breakfast daily
- Road transfers
- Scheduled light aircraft charters
- Lunches, dinners, activities and local beverages at Somalisa, Bumi Hills and Nyamatusi.

### EXCLUDES

- Additional meals
- Activities and beverages in Victoria Falls
- Gratuities
- Items of a personal nature
- Travel insurance
- Flights into and out of Victoria Falls Airport.



## It's all in the detail

We kindly request that our guests adhere to the smaller charter flight rules and regulations regarding baggage limitations when flying throughout Southern or East Africa. This does not apply to your International, Regional or Domestic flights with commercial airlines.

Due to the nature of charter and shuttle flight services, aircraft are smaller than typical airliners and therefore have much smaller luggage holds.

### Need to Know

Luggage is restricted to 20 kg per person on charter flights.

Bags should be soft-sided, flexible bags.

**Bags with a solid frame do not constitute 'soft bags'.**

Bags **MUST** be completely flexible to facilitate being stowed in the 'belly pod' luggage compartment of the light inter-camp transfer aircraft.

By not adhering to these luggage requirements, travellers stand to cause delays and incur additional costs to themselves.

*This 20 kg includes both hand luggage and travel luggage.*







## Day 1 - 4 | Welcome to Zimbabwe

*Today is a travel day*

### Welcome to ZIMBABWE

Today you will arrive in **Victoria Falls**

### Airport Transfer

On arrival at Victoria Falls Airport and after clearing customs and collecting your luggage, you will be met by your driver and transferred to The Palm River Lodge on the banks of the Zambezi River.

### *Victoria Falls National Park*

Victoria Falls National Park is a tiny piece of protected land surrounding Victoria Falls, one of the world's three great waterfalls. Situated in western Zimbabwe in the town of Victoria Falls, the views are incredible and you can follow a path right along the edge of the gorge. The mighty Zambezi creates a roar and a huge spray of mist that can be seen from many miles away. The falls are also known as *Mosi-oa-Tunya*, an incredibly descriptive name that captures the essence of this very special place so well - translating to the "Smoke that Thunders."

As a result of the spray from the falls, a mini rainforest exists in the surrounding area, creating a wildlife hotspot. Species such as lion and leopard occasionally come through while sightings of elephants are more



common. Above the falls, hippo and crocodiles abound, amongst a large array of wildlife - an added bonus to a visit to this World Heritage Site and one of the Seven Natural Wonders of the World.

### **Overnight**

Accommodation: **Palm River Lodge**

Room type: **Deluxe Room**

Inclusions: **Bed & Breakfast**





## Day 1 - 4 | The Palm River Hotel

### *Property Overview*

The vision for the Palm River Hotel was simultaneously simple and complex: a unique hotel offering unparalleled luxury without compromising a sense of home comfort; vast, unimpeded views which maintained shelter and privacy; the convenience of a central location preserved within a tranquil bubble of peace and quiet. And with its opening that vision becomes reality.

The hotel's location could not be more idyllic, situated as it is along the banks of the iconic Zambezi River, among towering indigenous trees and only 4 km from Africa's natural world wonder, Victoria Falls – so close, in fact, that on a clear, quiet day you can hear the thunder and see the spray of the mighty waterfall from your room.

The restaurant, located in the main structure, with a large al fresco dining area under a canopy of trees, has stunning garden views sweeping down to the Zambezi River. The cuisine reflects the natural setting, using fresh, local ingredients to create unique fusion fare.

Set under a canopy of trees in the main area, the outdoor bar serves a selection of local and imported beverages, wines, cocktails, specialty coffees, and fresh fruit juices daily.





A 20m infinity pool in the foreground of the main area merges with the horizon and offers a cool oasis under the shade of towering trees. At night, the pool area transforms into a starlit wonderland, with the use of cleverly illuminated rocks and lighting.

Built on the edge of the Zambezi River, the deck is the perfect spot to take in the mighty river and view its wealth of animal and bird life.

### ***Experience & Activities***

Deemed Africa's Adventure capital, Victoria Falls has everything to offer for travellers looking to fulfil their adrenaline bucket list including scenic helicopter flights above the Falls, highwire activities over the 120m gorge or white-water rafting the rapids below the World Wonders Waterfall. Immerse yourself within one of five National Parks located within 100km of Victoria Falls, and enjoy game viewing enclosed by untouched wilderness.

A complimentary shuttle bus runs on a regular basis throughout the day to transport guests between The Palm River Hotel and Victoria Falls Town, stopping at the key landmarks for guests' convenience: the Victoria Falls Rainforest, Ilala Lodge Hotel and the various craft markets.

### ***Accommodations***

#### **Deluxe Room**

Well-appointed with modern international standard 4-star hotel furnishings, all deluxe rooms include a private balcony where guests can enjoy views of the Zambezi River and the gardens, a spacious bedroom with writing desk, fixed luggage storage, right and left bedside tables, bedside reading lights and a fully equipped tea and coffee station. The clean lines of the contemporary bathroom features an open and spacious shower, a double vanity for both guests to enjoy their own space and all the amenities necessary to compliment your stay. A generous fixed wardrobe space includes shelves and ample hanging space.

### ***Fast Facts***

#### **Highlights**

The hotel's idyllic location, situated as on the banks of the Zambezi River, is only 4 km from the Falls

The Hotel is inspired by the architectural style of the Queenslander, distinct in its savvy use of timber and corrugated iron

Activities include river cruises, Victoria Falls tours, white water rafting, historic tours, national parks, and more

#### **Quick facts**

60 deluxe rooms, 2 honeymoon suites, 2 family suites, 3 executive suites, 1 presidential suite, and 1 villa

Restaurant

Outdoor bar

Swimming pool

International & USB charging points

Conference and event facilities

Victoria Falls Town shuttle

Wifi

Laundry

Tours and activity desk



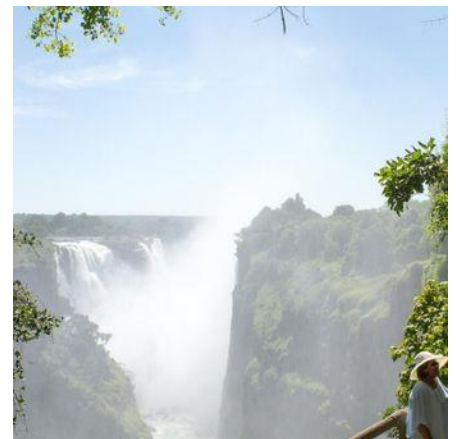
## Day 2 | Tour Of The Falls

### *Activity overview*

It's a truly awe-inspiring experience – the sight, the sound, the smell; the humbling feeling that here indeed is nature's supreme masterpiece. No photograph can begin to depict the reality...and nothing prepares you for your first sight.

The Victoria Falls – now in its 150 millionth fantastic year – reaches its zenith around May each year.

This tour is conducted in the morning and afternoon. En route, clients may be taken past the 'Big Tree,' where they may stop and take photos. Clients will be accompanied through the rainforest by qualified guides who will give a brief history of the Falls themselves as well as detailing the flora, fauna, birds, wildlife, and other points of interest. Guides are also happy to assist clients with photographs whilst visiting this most spectacular of waterfalls. Raincoats are provided when needed.







## Day 2 | Sunset Cruise On The Zambezi Royal

### *Activity overview*

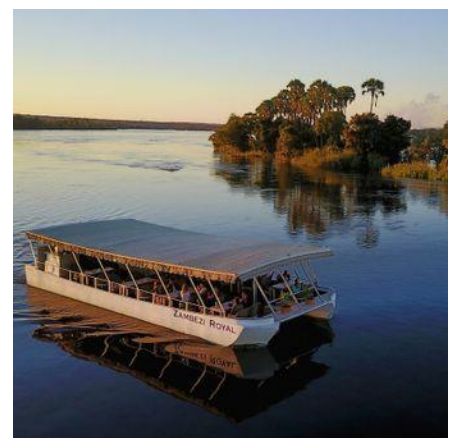
The Zambezi Sunset cruise is a superb way to relax and enjoy the spectacular beauty of the Zambezi River. There are great photo opportunities against often-spectacular African sunsets.

Flocks of birds skim the waterline as the sun sets behind the African skyline. Clients may have the opportunity to see a variety of game, including hippo, crocodile, and elephant, as well as enjoy the many different bird species. The Sunset Cruise is very popular and includes finger snacks, beer, wine, local spirits, and soft drinks.

The Zambezi Royal is a luxurious, 28 seater single level cruise boat, offering a unique and intimate way to view the Zambezi River. The boat is the first of its kind, custom built to maximize comfort, style, practicality, and service. Guests relax in the lush furnishings of this modern and contemporary vessel, enjoying lavish snacks, wine, cocktails and sparkling wine, as they coast up-river taking in the stunning scenery and surrounds of the upper Zambezi River.

**Duration:** 2 hours

**Ages:** all ages allowed





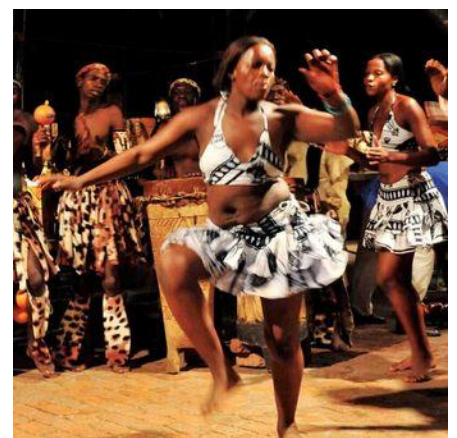
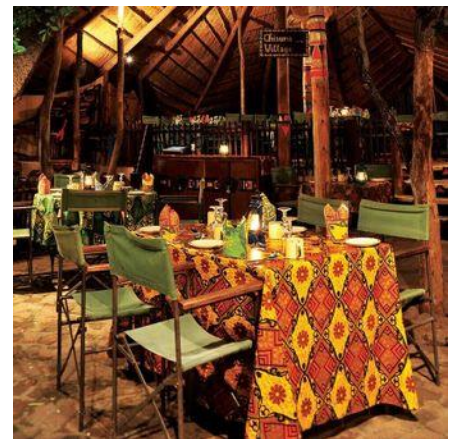
## Day 3 | The Boma Dinner & Drum Show

### *Overview*

The Boma – Dinner & Drum Show, a popular Victoria Falls experience, is being refreshed with a focus on enhancing and modernising both the food and the entertainment.

The Boma is known for its local Zimbabwean delicacies, such as mopane worms, warthog steak and Zambezi bream, as well as beef, pork, chicken, and vegetarian dishes, ensuring there is something to suit every palate.

The Boma, opened with just 60 seats as an open air “bush” restaurant to cater for guests at Lokuthula Lodges, and it has since grown into a “must do” Victoria Falls experience, able to accommodate 320 diners.







## Day 4 - 7 | Victoria Falls to Hwange

*Today is a travel day*

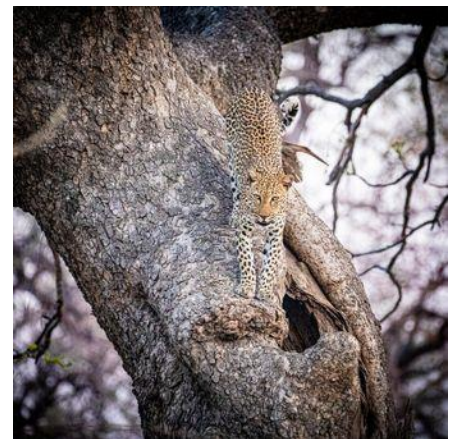
### **Airport Transfer**

This morning following breakfast, you will be collected and transferred by road to Somalisa Camp.

### ***Hwange National Park***

Hwange National Park is situated in western Zimbabwe and is the country's premier game reserve. With easy road and flight access from both Victoria Falls and Bulawayo, the reserve is extremely popular with both local and international tourists. Hwange is renowned for its huge elephant and buffalo herds, sable and other rare antelope as well as an excellent concentration of large predators including lion, leopard, wild dog, hyena, and cheetah. Birders will find plenty to keep them busy with over 400 species of birds recorded and the park is especially known for its spectacular sunsets.

At almost three million acres, Hwange is a huge wilderness area open to Botswana on its western side, allowing wildlife to traverse across countries and making it extremely valuable for the conservation of large mammals like elephant, lion, and buffalo.





## **Overnight**

Accommodation: **Somalisa Camp**

Room type: **Tent**

Inclusions: **Fully inclusive**



## Day 4 - 7 | Somalisa Camp

### *Property Overview*

Somalisa provides guests with breathtaking views of the golden savannah plains of Hwange. A place where, one moment you are sipping on your gin and tonic listening to the distant baritone roar of a lion coalition on the hunt and the next, you are gazing over at a congregation of elephants mere meters away, peacefully sharing a sundowner with you.

Hwange National Park is a land of contrasts from dense Teak and Acacia forest to vast open savannah, offering guests an exhibition of raw and diverse Africa. Somalisa Camp enjoys pride of place as our first-ever Hwange safari lodge. It was built by our owner, Beks Ndlovu and is home to the quintessential African Bush Camps experience. Tucked away under the dappled shade of an Acacia grove, along the edge of an ancient seasonal floodplain.

This intimate bush camp is perfect for a relaxing Hwange safari with friends and loved ones. The elegant style is infused by natural wood and organic features of the bush. Kudhinda, the Zimbabwean national material, is thoughtfully paired with modern decor influences creating an authentic contemporary African style. A full solar power farm and water purity system allow the camp to recycle 80% of water used. Somalisa Camp leads the way in eco-friendly safari accommodation. It has been awarded the first GOLD Green Tourism Certification in Zimbabwe.



## ***Experience & Activities***

Explore legendary Hwange National Park through a variety of pursuits while staying at Somalisa Camp. Activities include walking safaris, game drives, birding and cultural visits. All are included in your stay and led by our qualified and passionate guides. These natural storytellers enlighten our guests by sharing their wonder and wisdom of the African bush with them.

## ***Accommodations***

### **Luxury Sail Tent**

Consisting of seven elegantly furnished Luxury Sail Tents with gauze sliding doors, a glass wood-burner fireplace for the cold winter nights, and in-room fans for the hot summer days, each tent has en suite bathroom facilities including flush toilets, an indoor and outdoor shower, as well as a copper slipper-style bathtub.

## ***Fast Facts***

### **Highlights**

Set on a private concession in the heart of Hwange National Park

All year round destination

High concentration of game, especially elephant

Elephant drinking pool

45 minutes flight from Victoria Falls

Private vehicle available for game drives

Activities include morning & afternoon game drives, walking safaris, bird watching, and cultural visits

### **Quick facts**

7 luxury rooms

Maximum 14 people

Pool

En suite

Bar

Fireplace in room

Solar power

Battery charging facilities in main area

Guide tent

Private deck



Fans in room

Child policy: 12+

### ***ABC Foundation Projects***

The African Bush Camps Foundation is a registered non-profit organization that has been in operation since 2006. The Foundation's mission is to partner with communities that are located near our camps to improve quality of life and achieve long-term conservation through programs focusing on: Education, Community Empowerment, and Conservation.

#### **Mambanje Community Garden and Primary School; Thandanani Sewing Project; and Vukani Group Project**

Book a visit to our local projects during your stay. The trip includes a visit to the projects in Mambanje and Dete and a morning and afternoon game drive through the Hwange National Park. Transfer by vehicle: 6 hour drive time including the game drives. Duration: Full day trip including lunch and refreshments.

Guests can also volunteer at the nutrition program.



## Day 7 - 10 | Hwange to Lake Kariba

### *Today is a travel day*

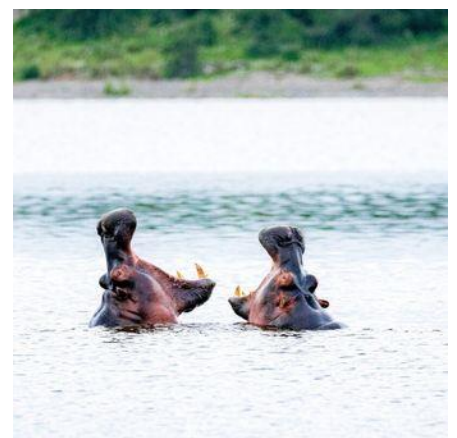
#### **Scheduled light aircraft charter**

This morning following breakfast and a final morning activity (time permitting), you will be transferred to the airstrip to connect to your scheduled light aircraft charter to Bumi Hills Safari Lodge.

#### **Lake Kariba**

Lake Kariba, situated on the border of Zimbabwe and Zambia, along the mighty Zambezi is the world's largest man-made lake. At over 200km (140mi) long and up to 40km (25mi) wide with a deepest point of almost 100 metres (over 300 feet), it is a gigantic body of water that first started filling up in 1958 for the purposes of generating hydro power. The filling of the dam itself displaced thousands of animals in one of the greatest wildlife rescue missions ever, known as Operation Noah. As a result of this, Matusadona was created on the southern banks of the dam and today remains one of Zimbabwe's great game reserves.

Lake life is the epitome of Zimbabwean hospitality - gin and tonic in hand for a sundowner, world renowned tiger fishing, and a stay on a houseboat create the unique experience so loved in this part of the continent. Keep an eye out for elephants, hippos, and crocodiles or listen for the call of the African fish eagle!



## **Overnight**

Accommodation: **Bumi Hills Safari Lodge**

Room type: **Lake View Room**

Inclusions: **Fully inclusive**





## Day 7 - 10 | Bumi Hills Safari Lodge

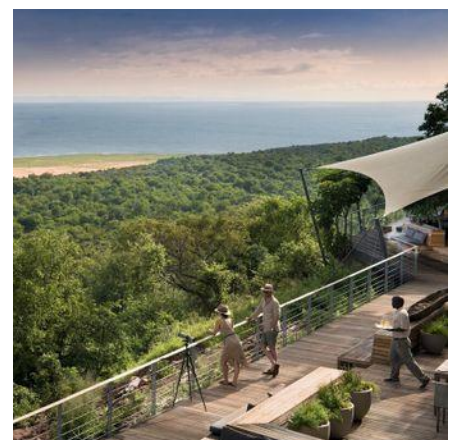
### *Property Overview*

Set on a range of remote hills in one of Zimbabwe's finest wilderness locations, Bumi Hills Safari Lodge is utterly captivating. With the Zambezi escarpment as its backdrop, this haven of serenity overlooks the eternal shimmering waters of Lake Kariba below. Not only is Kariba's shoreline wildlife-rich, but the lodge's proximity to Matusadona allows for the wildlife to freely move between the national park and Bumi Hill's private concession, creating endless game-viewing opportunities, led by passionate team of guides.

The stresses of modern life melt away at the blissful spa where a sparkling infinity pool offers cool respite and endless views of shimmering Lake Kariba below. For the active guest, the well-equipped gym is an invigorating prospect.

### *Experience & Activities*

Lake Kariba lodge offers the lake as your playground. Spend your days cruising on the water or meandering the surrounds on a walking safari; discover the ancient secrets within the fossilised dinosaur footprints unique to this area. Activities include guided walking safaris, stargazing, boating, birding, catch-and-release fishing, day and night game drives searching for lions in particular, as well as engaging cultural visits to our nearby local community.



## **Game Drives**

Led by one of our experienced guides, you'll see magnificent wildlife indigenous to the area. Your guide will show you the hidden spots best for game viewing and give you an insider's knowledge. With years of experience, our African Bush Camps guides are some of the best in the business.

## **Fishing**

Chart a course across the watery wilderness of Lake Kariba and discover the aquatic wonders of this life-giving body of water. Our boat-based adventures afford a unique glimpse into the mysteries of Lake Kariba. Experience the thrill of catch-and-release fishing, observe the area's unique bird life, and relish eye-level wildlife encounters. All are possible during your time with us on the water.

Spend the day cruising the water and taking in the gorgeous views. Try your hand at fishing for tiger, bream (tilapia) or vundu to be caught and then released.

## **Walking Safaris**

Awaken your senses and discover all that the bush has to offer on a walking safari. Accompanied by one of our experienced walking guides, explore the wild for one to two hours. For a full-day walking safari, a private walking guide will need to be pre-booked with us. Children under 16 can experience nature walks around the camp led by our child-certified walking guides as part of the Ngwana Club.

## **Cruises**

From your floating vantage, sundowner in hand, watch (and listen) as elephants, embossed against a shimmering copper sunset, slake their thirst in mighty Lake Kariba. We cannot think of a better way to celebrate another magical day on safari in Zimbabwe.

## **Bird Watching**

Delight in the call of the Giant kingfisher; photograph the majestic Squacco heron or Collared pratincole. Or simply sit back and enjoy their beautiful songs.

## **Private Dinner over-looking Lake Kariba**

Enjoy dinner from atop the hills overlooking Lake Kariba. This iconic view is undoubtedly the best in Kariba.

## ***Accommodations***

### **Luxury Lake View Room**

Ten spacious luxury suites are thoughtfully appointed with all the comforts you expect of this luxurious Lake Kariba lodge. Each is replete with air-conditioning, en-suite bathroom, hairdryer, battery charging points, mini-bar and a private viewing deck extending spectacular views of the lake and its surrounds.

## ***Fast Facts***

### **Highlights**

Lodge overlooks Lake Kariba

Good variety of land and water activities

Located on a private concession

Ngwana Club Activities for children

Luxury property with a gym and spa

Activities include Game drives, walking safaris, bird watching, catch and release fishing, Sunrise and sunset cruises, game viewing by boat & cultural tours

### **Quick facts**

10 luxury rooms +two bedrooled luxury villa

Maximum 25 people

Lake views

Pool

En suite

Bar

Solar power

Battery charging facilities in room

Gym + spa

Roll top bath

Library

Private deck

Air con

Fans in room

Hairdryers

Wifi zones

Child policy: All ages

### ***ABC Foundation Projects***

The African Bush Camps Foundation is a registered non-profit organization that has been in operation since 2006. The Foundation's mission is to partner with communities that are located near our camps to improve quality of life and achieve long-term conservation through programs focusing on: Education, Community Empowerment, and Conservation.

### **Mangwara Primary School & Wildlife Co-Existence Project**



Book a visit to our local projects during your stay. The trip includes a visit to the primary school, the wildlife co-existence project, and a game drive. Transfer by vehicle: 3 hour travel time including the game drive.

Duration: Half day trip, including refreshments.



## Day 10 - 14 | Lake Kariba to Mana Pools

*Today is a travel day*

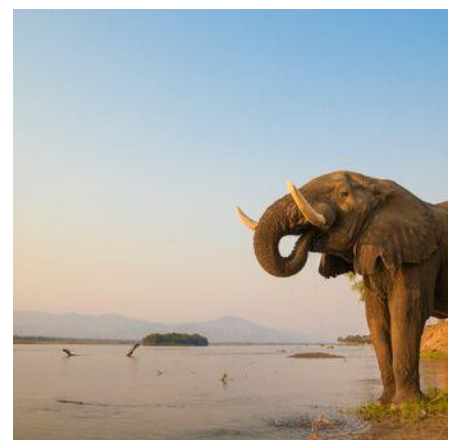
### **Scheduled light aircraft charter**

This morning following breakfast and a final morning activity (time permitting), you will be transferred to the airstrip to connect to your scheduled light aircraft charter to Nyamatusi Camp in the heart of Mana Pools.

### ***Mana Pools National Park***

Mana Pools is an almost 500,000 acre national park and one of the most iconic in all of Africa. A photographer's paradise, its beautiful setting of endless Ana forests along the Zambezi River provides a scenic backdrop for a huge variety of wildlife that congregate here in the dry season.

Mana means "four" in the local Shona language and refers to four permanent pools that are a mecca for game viewing. Activities are mostly conducted along the river area with some of the best walking in all of Africa. You can get up close to big elephant bulls or even follow African wild dogs on the hunt. Enjoy a slow game drive or take a canoe or boat to see huge pods of hippos, along with a plethora of bird species including the African fish eagle. Fishing is excellent and there is no better place to watch endless wildlife activity while winding down the day with a drink in hand.



## **Overnight**

Accommodation: **Nyamatusi Camp**

Room type: **Tented Suite**

Inclusions: **Fully inclusive**





## Day 10 - 14 | Nyamatusi Camp

### *Property Overview*

This Mana Pools safari camp is set in one of the wildest and most remote parts of Africa, on the banks of the Zambezi, one of the world's oldest rivers. Embracing comfort, this property embodies sustainable design. Fully solar-powered and built from all-natural materials, it encompasses its wilderness location in the most elegant way. Here, your Mana Pools safari plays out against a sweeping riverine landscape, where epic encounters of the giants that roam this land await.

Your Mana Pools safari follows the gentle ebb and flow of life on the river. Marvel at the incredible sights and sounds of one of Africa's last remaining wilderness hinterlands from the cosy bar or, refreshing pool.

### *Experience & Activities*

Nyamatusi Camp, lightly translated, means 'wild game'. Spend your days walking in the footsteps of ancient explorers and tracks of elephants that criss-cross the floodplain. Watch the drama of nature play out before your eyes on game drives or thrilling canoeing safaris. Fishing on the Zambezi River (catch and release only) and birding safaris are highlights here. All these activities are included in your stay and led by qualified and passionate guides keen to share their knowledge and love of the bush with you.



Children over the age of 7 are welcome at Nyamatusi Camp. Due to the adventurous nature of this Mana Pools safari, walking safaris and canoeing are only possible for children over the age of sixteen years.

## ***Accommodations***

### **Luxury Tented Suite**

Each romantic luxury tent is adorned with soft drapery and is replete with air-conditioning, indoor and outdoor shower plus a private viewing deck and plunge pool. Thoughtfully located charging points are placed in your guest tent for those all-important cameras.

### ***Fast Facts***

#### **Highlights**

Walking safaris in the Nyamatusi Wilderness Concession

Eco-conscious camp made with all-natural materials

Stylish air-conditioned tents with private plunge pools

Located on the banks of the Zambezi River

Activities include morning & afternoon game drives, walking safaris, bird watching, catch and release fishing & canoeing

#### **Quick facts**

6 luxury rooms

Maximum 12 people

Pool

En suite

Bar

Solar power

Battery charging facilities in rooms

Private deck

Indoor/outdoor shower

Private plunge pool

Guide tent

Air con

Child policy: 12+

## **Inclusions**

Accommodation

All meals

Tea, coffee, soft drinks, and alcoholic beverages

Laundry

Morning & afternoon game drives, walking safaris, canoeing, catch & release shore fishing

## **Exclusions**

Premium imported spirits and champagne

Visa fees

International / Regional flights

Travel insurance

Items of a personal nature

Staff gratuities



## Day 14 | Today we say goodbye!

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*Today is a travel day*

### **Flight**

This morning following breakfast and a final morning activity (time permitting), you will be transferred back to the airstrip for your scheduled light aircraft charter to Victoria Falls.

*Thank you for travelling with us, we hope to see you again soon!*





## Green Africa Safaris

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### *Terms & Conditions*

These terms are valid for any bookings made with Green Africa Safaris. We look forward to your arrival in South Africa and providing you with the Green Africa Magic you have come to enjoy.

Here at Green Africa, we highly recommend that you have taken out adequate travel insurance to cover the financial implications of Green Africa Cancellation Terms & Conditions.

### **More Info**

For further information on all our current Terms & Conditions, please click [here](#)

Travel protection plans will help assist you against any unforeseen situations. Travel insurance can include coverage for Trip Cancellation, Trip Interruption, Emergency Medical, and Emergency Evacuation/Repatriation, Trip Delay, Baggage Delay, and more.

For more information on Covid related cancellations, please contact us directly.



## Beat Malaria

Africa is full of bugs that come in all shapes and sizes, most are benign creatures looking to live out their lifecycles in peace and harmony. Some have stings that can really hurt (and may need medical attention) and others bite, leaving nasty, itchy bites. But when it comes to mosquitoes, they can leave more than just a red, swollen itch machine...

Malaria is a real threat, especially during the rainy season when the anopheles mosquito that carries malaria is breeding. It's the females that bite and spread the disease, which can, in some cases, make you really ill. So please take malaria seriously and take action to prevent infection. Here are some tips to help you...

### Prevention better than cure

The best way to prevent malaria is to take prophylaxis and use an anti-malarial drug.

We can recommend Malanil or Malarone as well as Mozitec. Consult your doctor for more information and check for any contra-indications with medicine you already take as well as possible side effects you need to be aware of.

### Cover up, buttercup and spray, spray, spray

When the sun starts to sink, put on long pants and long sleeves to minimise possible bites and spray the hell out of your legs and arms (even covered) with a good bug spray or smear with a bug stick. Don't forget your ears! And cheeks! And ankles.

Mozzies love ankles.

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### **Doom your room**

Use bug spray to knock down insects in your room or tent at night, before you go to dinner. Give it a good all-over spray, shut the doors/flaps and walk away. Here in Sarf Efrica we have a spray called Doom. Others are called Target, Peaceful Sleep and Morein.

For the majority of accommodations, your room is prepared for you by the wonderful house keepers so no need to worry about the above.

### **Use your mozzie net**

That gorgeous, diaphanous netting around your bed is not a romantic come-on, it's designed to keep winged, bitey things at bay. So use it. Along with all of the above.

### **Talk to us**

We'll give you the full lowdown on where you're going and what the risks are in terms of malaria so that you can make an informed choice about how to prevent it.